

Suggestions for the Clinical Use of Pharmacotherapies for Smoking Cessation

Pharmacotherapy	Precautions/ Contraindication	Side Effects	Dosage	Duration	Availability	Avg. Cost/day
Bupropion SR	<ul style="list-style-type: none"> History of seizure History of eating disorder 	<ul style="list-style-type: none"> Insomnia Dry mouth 	<ul style="list-style-type: none"> 150 mg every morning for 3 days, then 150 mg twice daily (Begin treatment 1 - 2 weeks pre-quit) 	<ul style="list-style-type: none"> 7 - 12 weeks maintenance up to 6 months 	Prescription Only <ul style="list-style-type: none"> Zyban Wellbutrin SR generic SR 	Zyban <ul style="list-style-type: none"> \$3.27 - \$4.90 = avg. \$4.22 for 2 150-mg tablets Wellbutrin SR <ul style="list-style-type: none"> \$4.49 - \$4.90 = avg. \$4.53 for 2 150-mg tablets Generic SR <ul style="list-style-type: none"> \$3.20 - \$3.27 = avg. \$3.22 for 2 150-mg tablets
Nicotine Gum		<ul style="list-style-type: none"> Mouth soreness Dyspepsia 	<ul style="list-style-type: none"> 1 - 24 cigs/day-2 mg gum (up to 24 pcs/day) 25+ cigs/day-4 mg gum (up to 24 pcs/day) 	<ul style="list-style-type: none"> Up to 12 weeks 	OTC Only <ul style="list-style-type: none"> Nicorette Nicorette Mint Nicorette Orange generic 	Nicorette <ul style="list-style-type: none"> \$3.93 - \$5.18 = avg. \$4.56 for 10 4-mg pieces \$6.25 - \$5.18 = avg. \$5.72 for 10 2-mg pieces Generic <ul style="list-style-type: none"> \$3.57 for 10 4-mg pieces \$2.98 for 10 2-mg pieces
Nicotine Lozenge		<ul style="list-style-type: none"> Nausea Insomnia 	<ul style="list-style-type: none"> Smoke more than 30 min. after waking-2 mg Smoke less than 30 min. after waking-4 mg 	<ul style="list-style-type: none"> Up to 12 weeks 	OTC Only <ul style="list-style-type: none"> Commit lozenge 	<ul style="list-style-type: none"> \$5.55 - \$5.97 = avg. \$5.76 for 10 lozenges
Nicotine Inhaler		<ul style="list-style-type: none"> Local irritation of mouth and throat 	<ul style="list-style-type: none"> 6 - 16 cartridges/day 	<ul style="list-style-type: none"> Up to 6 months 	Prescription Only <ul style="list-style-type: none"> Nicotrol inhaler 	<ul style="list-style-type: none"> \$8.68 - \$12.28 = avg. \$10.48 for 10 cartridges
Nicotine Nasal Spray		<ul style="list-style-type: none"> Nasal irritation 	<ul style="list-style-type: none"> 8 - 40 doses/day 	<ul style="list-style-type: none"> 3 - 6 months 	Prescription Only <ul style="list-style-type: none"> Nicotrol NS 	<ul style="list-style-type: none"> \$35.97 - \$46.57 = avg. \$4.23 for 10 doses
Nicotine Patch		<ul style="list-style-type: none"> Local skin reaction Insomnia 	<ul style="list-style-type: none"> 21 mg/24hours 14 mg/24hours 7 mg/24 hours 15 mg/16 hours 	<ul style="list-style-type: none"> 4 weeks then 2 weeks then 2 weeks 8 weeks 	OTC <ul style="list-style-type: none"> Nicoderm CQ Nicotrol generic Prescription <ul style="list-style-type: none"> generic (Legend) 	Nicoderm CQ <ul style="list-style-type: none"> \$3.57 - \$4.32 = avg. \$3.95 for 1 21, 14, or 7-mg patch Nicotrol <ul style="list-style-type: none"> \$3.43 - \$4.28 = avg. \$3.86 for 1 15, 10, or 5-mg patch Generic OTC <ul style="list-style-type: none"> \$2.14 - \$2.64 = avg. \$2.39 for 1 21, 14, or 7-mg patch